

HOW TO MAKE YOUR OWN LIP GLOSS

30 Recipes to Add Shine and Color to Your Lips



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HOW TO MAKE YOUR OWN LIP BALM AND LIP GLOSS

Here is everything you need to know to make your own lip gloss and lip balm. Get started with a basic version and then you can start to customize it using one of our favorite recipes below.

WHAT YOU'LL NEED

- 1/4 cup vegetable or nut oil
- 1/4 oz beeswax
- 1 tsp honey or glycerin
- 1/2 to 1 tsp natural flavoring oil (aka Essential Oil)
- Grater
- Wax paper
- Ziploc plastic bag

BASIC INSTRUCTIONS

1. Heat the oil and beeswax in a double boiler (or microwave) until the beeswax has melted.
2. Remove from heat and whip with an electric beater until creamy.
3. Add the honey or glycerin and approximately 5 drops of flavoring oil; whip some more.
4. Store in small containers such as recycled lip gloss/balm containers or other small makeup containers. Places to look include stores that carry beads, crafts, or fishing tackle supplies.

OTHER TIPS & TRICKS

- If the fragrance and taste is weak, add a few more flavoring to make it stronger.
- Try different oils on your lips to choose the best one for your skin and taste preference.
- If the Balm is too hard (waxy), add more oil to your mixture.
- If it is too soft, add more wax.
- You can add a few drops of beetroot juice for a beautiful & natural red color.
- But instead of going to that trouble, you can just shave off a little of your lip stick for that beautiful (not natural) color.
- Don't use food coloring as it may contain alcohol base.
- Beware of using extracts found in cooking sections of the grocery stores as they may contain alcohol.
- Use safe essential oils. The good part about them is they have thousands of great flavors.
- Comfrey, Rosemary, Tea Tree or Camphor Oils are excellent for healing effects.
- Use a cotton swab to apply the lip-gloss to your lips to help it last longer. Your lip-gloss should last a long time.
- If your lip balm changes color, odor, or texture, it has gone bad and you'll want to throw it away.

LIP GLOSS RECIPES

Now that you know some of the basics of how to make lip gloss and lip balm, here are more recipes that you can use to make more interesting flavors. Feel free to experiment with the ingredients and colors to customize them just the way you like.

BASIC FUN LIP GLOSS

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> Paraffin wax<input type="checkbox"/> Coconut oil<input type="checkbox"/> Petroleum jelly<input type="checkbox"/> Candy melts (to color the gloss and make it taste sweet)<input type="checkbox"/> Oil-based candy flavoring (if you want a special flavor)<input type="checkbox"/> Grater<input type="checkbox"/> Wax paper<input type="checkbox"/> Ziploc bag	<ol style="list-style-type: none">1. Grate a bit of paraffin wax onto wax paper.2. Put 1/4 tsp grated wax into the plastic bag.3. Add 1 tsp coconut oil, 1 tsp petroleum jelly, and 1 candy melt to color the gloss and make it sweet.4. Add 1/3 tsp oil-based candy flavoring if you like.5. Seal the bag and put it in a bowl of hot tap water to melt the ingredients, for approximately 3-5 minutes. (Use tap water! Please never use a microwave or kettle to heat the water).6. When all the ingredients are melted, take the bag out of the water.7. Move the ingredients around in bag to mix. Make sure you work quickly. Clip off a tiny corner of the bag and squeeze gloss into the clean container.8. Let it set for an hour. If you can't wait that long, just put this in the refrigerator for 15 minutes.

BASIC LIP GLOSS II

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1/2 oz. beeswax beads, refined<input type="checkbox"/> 4 oz sweet almond oil<input type="checkbox"/> 2 tsps essential oil or food flavoring oil	<ol style="list-style-type: none">1. Put the 4 oz of sweet almond oil in measuring cup, add in the beeswax beads and melt in the microwave.2. Stir with spoon, and when cooled a bit, add essential or flavoring oil.3. Pour into jars or containers

CRANBERRY LIP GLOSS

INGREDIENTS

- 1 tbsp sweet almond oil
- 10 fresh cranberries
- 1 tsp honey
- 1 drop of vitamin E oil

INSTRUCTIONS

1. Mix all the ingredients together in a microwave-safe bowl.
2. Microwave for a couple of minutes or until the mixture just begins to boil. (Bowl may also be heated in a pan of water on a stovetop).
3. Stir well and gently crush the berries.
4. Cool mixture for five minutes and then strain through a fine sieve to remove all the fruit pieces. Stir again and set aside to cool completely.
5. When cool, transfer into a small portable plastic container or tin.

ALMOND LIP GLOSS

INGREDIENTS

- 2 tsps Grated Beeswax or Beeswax Pellets
- 3 - 6 drops Flavored Oil
- 1 tsp Sweet Almond Oil
- 3 drops Honey
- 1 1/2 tsp Cocoa Butter
- 1 Vitamin E Capsule (as a preservative)

INSTRUCTIONS

1. Mix the almond oil, cocoa butter and beeswax together in a microwave-safe bowl.
2. Microwave for a couple of minutes or until the mixture is completely melted. (Bowl may also be heated in a pan of water on a stovetop).
3. Stir the mixture often until the wax is melted.
4. Remove from heat and stir in the honey and flavored oil.
5. Pinch open the vitamin E capsule and squeeze the contents into the mixture.
6. Stir again and set aside to cool completely.
7. When cool, transfer into a small portable plastic container or tin.

LEMON LIP GLOSS

INGREDIENTS

- 2 tsp beeswax
- 7 tsp castor, jojoba or sweet almond oil
- 1 tsp honey
- 5 drops of an essential oil (lemon)

INSTRUCTIONS

1. Melt the oil and beeswax until the beeswax is completely melted.
2. Remove it from the heat and add the honey. Then whisk it all up together.
3. When the mixture is nearly cool add the essential oil, mix it up again and then pour into a suitable container.
4. If you want it to be harder, simply add more beeswax.

ALOE VERA LIP GLOSS

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1 tsp aloe vera gel<input type="checkbox"/> 1/2 tsp coconut oil<input type="checkbox"/> 1 tsp petroleum jelly	<ol style="list-style-type: none">1. Mix the ingredients in a glass bowl, and microwave for 1 - 2 minutes.2. Pour into container and leave to cool.

VANILLA LIP GLOSS

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1 tbsp grates beeswax<input type="checkbox"/> 1/2 tsp coconut oil<input type="checkbox"/> 1/3 tsp vitamin E oil<input type="checkbox"/> 1/3 tsp vanilla extract	<ol style="list-style-type: none">1. Slowly heat beeswax, coconut oil, and vitamin E oil until melted.2. Stir in the vanilla extract then cool.

COCOA BUTTER LIP GLOSS

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1/2 tsp grated Beeswax<input type="checkbox"/> 1 tsp cocoa butter<input type="checkbox"/> 1 tsp almond or olive oil	<ol style="list-style-type: none">1. Melt all together by means of water bath (put in a cup & set in sink of hot water).2. Pour into a lip balm container and let cool. <p>This is a buttery recipe, which is perfect if you want something glossy but not too slick!</p>

FRUITY LIP GLOSS

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 2 tbsp solid shortening<input type="checkbox"/> 1 tbsp fruit-flavored powdered drink mix (Kool-Aid)	<ol style="list-style-type: none">1. Mix shortening and drink mix together in a small microwave-safe container until smooth.2. Place container in the microwave on high for 30 seconds until mixture becomes a liquid.3. Pour the mixture into any type of small airtight container.4. Place the fruity lip gloss mixture in the refrigerator for 20 to 30 minutes or until firm.

CINNAMON LIP GLOSS

INGREDIENTS
<ul style="list-style-type: none"><input type="checkbox"/> 2 tbsp petroleum jelly<input type="checkbox"/> 1/4 tsp lipstick, any color<input type="checkbox"/> 4 drops cinnamon oil

INSTRUCTIONS
<ol style="list-style-type: none">1. Place petroleum jelly in small microwave container. Top with lipstick.2. Microwave for 20-30 seconds on high power (100%), or until mixture has softened.3. Blend well and mix in cinnamon.4. Store in small container.

HARD CANDY LIP GLOSS

INGREDIENTS
<ul style="list-style-type: none"><input type="checkbox"/> 2 tbsp petroleum jelly<input type="checkbox"/> 1 tsp beeswax<input type="checkbox"/> 2-3 pieces of your favorite hard candy (Jolly Ranchers work great!)

INSTRUCTIONS
<ol style="list-style-type: none">1. In a small pot (or microwave), melt the petroleum jelly, hard candy and beeswax.2. Pour into a lip container and cool.

CHOCOLATE LIP GLOSS

INGREDIENTS
<ul style="list-style-type: none"><input type="checkbox"/> 1 1/2 tsp grated cocoa butter<input type="checkbox"/> 1/2 tsp coconut oil<input type="checkbox"/> 1/3 tsp vitamin E oil<input type="checkbox"/> 1/4 tsp grated chocolate or 3 small chocolate chips

INSTRUCTIONS
<ol style="list-style-type: none">1. In a double boiler or microwave heat the cocoa butter, coconut oil, and vitamin E oil until melted.2. Stir in the chocolate chips and keep stirring until melted and well blended.3. Pour into small container and allow to cool before using.

LIP BALM RECIPES

Looking for a lip balm that is a little thicker than a gloss? Here are some great do-it-yourself recipes for lip balms.

SILKY SMOOTH LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 2 Teaspoons Olive Oil<input type="checkbox"/> 1/2 Teaspoon Grated Beeswax or Beeswax Pellets<input type="checkbox"/> 1/2 Teaspoon Shea Butter or Cocoa Butter<input type="checkbox"/> 1/2 Teaspoon Honey<input type="checkbox"/> Any flavored oil to taste<input type="checkbox"/> 1 Vitamin E Capsule (as a preservative) (optional)	<ol style="list-style-type: none">1. Mix the first four ingredients together in a microwave-safe bowl.2. Microwave for a couple of minutes or until the mixture is completely melted. (Bowl may also be heated in a pan of water on a stovetop).3. Stir well and add flavored oil and.4. Cool mixture for five minutes.5. Stir again and set aside to cool completely.6. When cool, transfer into a small portable plastic container or tin.

HONEY LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 3 oz Almond Oil<input type="checkbox"/> 1/2 oz Beeswax or Beeswax Pellets<input type="checkbox"/> 2 Teaspoons Honey<input type="checkbox"/> 1 Vitamin E Capsule (as a preservative)<input type="checkbox"/> 1-4 drops Essential Oil	<ol style="list-style-type: none">1. Mix the almond oil and beeswax together in a microwave-safe bowl.2. Microwave for a couple of minutes or until the mixture is completely melted. (Bowl may also be heated in a pan of water on a stovetop).3. Stir the mixture often until the wax is melted.4. Remove from heat and stir in the honey and essential oil.5. Pinch open the vitamin E capsule and squeeze the contents into the mixture.6. Stir again and set aside to cool completely.7. When cool, transfer into a small portable plastic container or tin.

HONEY COCOA LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 2 tsp olive oil<input type="checkbox"/> 1/2 tsp beeswax<input type="checkbox"/> 1/2 tsp cocoa butter<input type="checkbox"/> 1/2 tsp honey<input type="checkbox"/> 3 drops essential oil (I like orange.)<input type="checkbox"/> 1 vitamin E capsule	<ol style="list-style-type: none">1. Measure oil, beeswax and cocoa butter into a glass or enamel pan.2. Melt over low heat. A hotplate works well and reduces the risk of overheating the oils.3. Stir the mixture often until the wax is melted.4. Remove from heat and stir in the honey and essential oil.5. Pinch open the vitamin E capsule and squeeze the contents into the mixture. Stir well.6. Pour the mixture into containers

VASELINE LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 3 parts Vaseline<input type="checkbox"/> 1 part beeswax<input type="checkbox"/> Flavoring (your choice)	<ol style="list-style-type: none">1. Melt and blend ingredients with a spoon until smooth.2. Put into a container and refrigerate until solid.

CHOCOLATE BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 3 tbsp Cocoa Butter<input type="checkbox"/> 4-5 Chocolate Chips<input type="checkbox"/> 1 capsule, Vitamin E	<ol style="list-style-type: none">1. Melt and blend ingredients with a spoon until smooth.2. Put into a container and refrigerate until solid.

VANILLA LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1 tbsp Petroleum Jelly<input type="checkbox"/> 1 tbsp Aloe Vera Gel<input type="checkbox"/> 1 1/2 tsp coconut oil<input type="checkbox"/> 1/2 tsp vanilla	<ol style="list-style-type: none">1. Melt and blend ingredients with a spoon until smooth.2. Put into a container and refrigerate until solid.

CANDLE WAX LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1/2 tsp melted candle wax<input type="checkbox"/> 2 tsps olive oil<input type="checkbox"/> 1/2 tsp of Shea Butter or Cocoa Butter<input type="checkbox"/> 1/2 tsp of honey<input type="checkbox"/> 1 Vitamin E capsule to preserve the lip balm	<ol style="list-style-type: none">1. Melt and blend ingredients with a spoon until smooth.2. Put into a container and refrigerate until solid.

EYESHADOW LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> Old eye shadow<input type="checkbox"/> Vaseline or beeswax	<ol style="list-style-type: none">1. Take an eye shadow, break it up and mix it with Vaseline or beeswax.2. For a glossy shine, use an iridescent or glittery eye shadow.3. White/silver/grey glossies are best

CASTOR OIL LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 3 oz castor oil<input type="checkbox"/> 1 1/2 tbspcocoa butter<input type="checkbox"/> 1 1/2 tbspc beeswax	<ol style="list-style-type: none">1. Melt cocoa butter and beeswax in microwave.2. Add oil and stir.3. Pour into containers and let cool.

SWEET BALM/GLOSS

INGREDIENTS

- 2 tsp beeswax
- 1 tsp honey
- 7 tsp castor oil or jojoba or sweet almond oil
- 1/3 tsp flavoring oil

INSTRUCTIONS

1. Melt the oil and beeswax together in a little pan over low heat until the beeswax is melted.
2. Take off the stove and then add in your honey and whisk it all together.
3. When the mixture is nearly cool add in your flavor oil, mix it up again and then pour into your lip balm container.
4. Since this comes out to be more like a gloss you can always add more beeswax to it so that it is a little harder. Maybe another 1/2 tsp would do it.

QUICK & EASY LIP BALM

INGREDIENTS

- 1 tbsp Vaseline
- Honey
- Lipstick shavings

INSTRUCTIONS

1. Put a spoon full of Vaseline in a cup (you don't even need to heat it).
2. Add some honey (depending on how sweet you want it).
3. Mix together or whip.
4. Add lipstick color shavings for color.
5. To solidify faster after putting it in a container, submerge it in a cup of ice water or put it in the freezer until solid.

HEMP OIL LIP BALM

INGREDIENTS

- 3 tbsp coconut oil
- 1 tbsp castor oil
- 1 tbsp sunflower oil
- 1 tbsp hemp seed oil
- 1 tbsp beeswax
- 1 tbsp honey
- Essential Oil to taste (I use peppermint)

INSTRUCTIONS

1. Melt the wax, and coconut oil together in the microwave.
2. Add the honey and heat a little.
3. Stir constantly and add your sunflower and castor oil.
4. As the mixture begins to thicken add the hempseed oil and your choice of essential oil.
5. STIR CONSTANTLY until it thickens

PEPPERMINT LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 2 tbsp petroleum jelly<input type="checkbox"/> 1 tsp beeswax<input type="checkbox"/> 10-14 drops peppermint essential oil	<ol style="list-style-type: none">1. In a small pot, melt the petroleum jelly and then add the beeswax.2. When melted, remove from heat and add peppermint essential oil.3. Pour into a small plastic container and cool.

TRENDY NUDE LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1/4 tsp of aloe vera lotion<input type="checkbox"/> 1/4 tsp of your favorite color of foundation<input type="checkbox"/> 1 tbsp of Vaseline	<ol style="list-style-type: none">1. Mix together in a small bowl with a cotton swab.2. You can skip the Aloe Vera lotion, if you want.

COCOA BUTTER MINTY LIP BALM

INGREDIENTS	INSTRUCTIONS
<ul style="list-style-type: none"><input type="checkbox"/> 1 1/2 parts cocoa butter<input type="checkbox"/> 1 1/2 parts grated beeswax<input type="checkbox"/> 3 parts edible vegetable oil of your choice<input type="checkbox"/> Spearmint and/or peppermint flavoring oil (almond, apricot kernel, avocado, extra virgin olive, hemp seed, jojoba, kukui nut, macadamia nut and castor oil all work well, but keep in mind if you plan on selling lip balm or giving as a gift, that some people are allergic to nut oils).	<ol style="list-style-type: none">1. Melt the cocoa butter and beeswax slowly and carefully in a microwave, or over a double boiler on the stove until melted.2. Add oil and stir well. Add spearmint or peppermint flavoring oils, or both, a few drops at a time, to taste. Gently reheat if needed.3. Cool slightly before pouring into containers.4. To test consistency, place a drop on a spoon and set in the refrigerator to cool for a few minutes. Test on your lips.

BEESWAX LIP BALM

INGREDIENTS

- 2 tbsp beeswax
- 1 tbsp coconut oil

INSTRUCTIONS

1. Melt the ingredients over a double boiler.
2. Pour into a container while still hot since it will harden as it cools. Makes about 1/4 cup

HEALING COLD SORES BALM

INGREDIENTS

- 1 oz Emu Oil
- 1 oz Almond Oil
- 1 oz Avocado Oil
- 1/2 oz Shaved Beeswax or Beeswax Pellets
- 1/4 oz Aloe Vera Gel
- 6 drops Lavender Essential Oil
- 2 drops Tea Tree Essential Oil
- 3 drops Lime Essential Oil

INSTRUCTIONS

1. Mix the almond, avocado, emu oil and beeswax together in a microwave-safe bowl.
2. Microwave for a couple of minutes or until the mixture is completely melted. (Bowl may also be heated in a pan of water on a stovetop).
3. Stir the mixture often until the wax is melted. Add the aloe vera gel.
4. Remove from heat and stir in the essential oils.
5. Stir again and set aside to cool completely.
6. When cool, transfer into small portable plastic containers or tins.

HONEY HEALING SORES BALM

INGREDIENTS

- 3 oz almond oil
- 2 tsp pure honey
- 1/2 oz beeswax
- 1 tsp tea tree oil

INSTRUCTIONS

1. Melt and blend ingredients with a spoon until smooth.
2. Put into a container and refrigerate until solid.